



Helping Veterans & First Responders

Nationally Licensed and Accredited
Mental Health and Substance Abuse Treatment Center





Transformations
TREATMENT CENTER

An **UPHealth** Company

We Have Your Back

At Transformations, our comprehensive, compassionate, and unique treatment programs help our clients build a foundation for a healthy recovery.

As a nationally recognized substance abuse and mental health treatment center, we offer a behavioral and mental health component that addresses such issues as trauma, PTSD, anxiety, and depression.

Help For Our Heroes is a truly unique program that offers personalized, nurturing care. This is where healing begins, where relationships are repaired, and where life becomes fun again.



Help For Our Heroes Program

This program is specifically designed for military veterans as well as first responders to help them cope with the problems incurred by job stress and chemical dependency. Help For Our Heroes is led by a military veteran and former police officer who is also a Master's level therapist and understands exactly what each of these incredible men and women have endured.

The program includes:

- Coping through difficulties
- Rebuilding relationships
- Stress management
- Anxiety management
- PTSD management
- Process addiction
- Understanding triggers
- Anger management
- Grief and loss healing
- Relapse prevention



We are a nationally licensed and accredited treatment center in South Florida.

www.helpfourheroes.com
www.transformationstreatment.center

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ALL CALLS CONFIDENTIAL